

## Hysterosalpingogram (HSG)

Hysterosalpingogram (HSG) is a procedure done in the Radiology department at Memorial Hospital to evaluate the inside of the uterus and determine if your fallopian tubes are open. This is often times done when a patient is having difficulty getting pregnant.

**Scheduling the procedure:** Once it has been determined that HSG is a good option for you, we would want you to call the office when you start your period. You must abstain from intercourse from the start of your period until the procedure is completed. JOG will then call Memorial and schedule and pre-certify your procedure. We like to do these on day 5-10 of your cycle. Day 1 is the first day of your period.

**Procedure:** The day of your procedure you will first come to our office and leave a urine sample so we can do a urine pregnancy test, you will then go over to the Radiology Department at Memorial Hospital. They will have you undress from the waist down. Your provider will put in a speculum and clean off your cervix with betadine (let your provider know if you are allergic to betadine or contrast dye). They will then gently insert a small catheter through the cervix into the uterus. The Radiologist will then come in and watch by x-ray as your doctor injects dye into the uterus and watches as it comes out the fallopian tubes. This can be very crampy while dye is being injected. You can take Motrin 600-800mg or Tylenol 650-1000mg before if you want.

**Post-Procedure Instructions:** You may notice some spotting or dye leaking back out. Memorial will give you a pad to wear home. Usually, the cramping doesn't last long but can continue a couple days. You can use Motrin or Tylenol as needed. You can return to normal activities after procedure is done. This procedure can increase chances of getting pregnant so you may have intercourse after procedure is done if you are attempting pregnancy.

Contact office at 812-481-2229 if:

- You are running a fever >100.5
- You are having nausea or vomiting
- You are filling a pad with blood in less than 1 hour
- You develop rash, swelling, or itching
- You develop urinary tract infection symptoms: pain or frequency of urination
- You are having a foul smell from your vagina