

HCG Trigger Shot

How to prepare Pregnyl/Profasi/Novarel/Ovidrel



Your medication will come with a vial of powder and a vial of clear liquid. You will need to draw up 1ml of the liquid to mix with the powder.

****Do not give HCG injection until you are advised on what time to do that****

There is a very good video that explains how to draw it up and administer the shot at:

- <https://youtu.be/RtC49jsxcUc?si=Z9ZBnSFEV1GwE8AZ>

1. Remove Plastic cap from both vials, wipe off tops with alcohol, draw up 1ml of solution
2. Inject the solution into vial with the HCG powder, swirl that until mixed completely
3. Invert vial and draw entire amount of mixed solution into syringe
4. Remove long needle and put on the shorter ½" needle. With needle pointed up, tap syringe and push out air till you see a bubble form at tip of needle
5. Pinch area 2" from umbilicus, clean off area off with alcohol, with a jab like motion insert needle into skin the entire length of needle and inject all of the solution, wait a couple seconds and remove needle.
6. Dispose of needles in a hard plastic container, tape shut and can be placed in the trash.